

1st New Longton Cubs



What personal kit will I need for camp?

Kit list is provided below, along with some additional notes to clear up any grey areas

Nights Away Kit List

All young people will need to bring their personal equipment and should be encouraged to pack themselves. This list is only a guide.

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| <input type="checkbox"/> Complete uniform | <input type="checkbox"/> Scarf, hat and gloves |
| <input type="checkbox"/> Warm sweaters, jumpers or sweatshirts | <input type="checkbox"/> Sun hat, sun cream and sun glasses |
| <input type="checkbox"/> T-shirts or similar | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Trousers or shorts | <input type="checkbox"/> Foam roll mat |
| <input type="checkbox"/> Spare underclothes (one pair per day) | <input type="checkbox"/> Plate, bowl, mug and cutlery |
| <input type="checkbox"/> Spare socks (one pair per day) | <input type="checkbox"/> Tea towel |
| <input type="checkbox"/> Nightwear | <input type="checkbox"/> Torch and spare batteries |
| <input type="checkbox"/> Hike boots or strong shoes | <input type="checkbox"/> Personal first aid kit |
| <input type="checkbox"/> Waterproof (coat and trousers) | <input type="checkbox"/> Day sack and plastic drinks bottle |
| <input type="checkbox"/> Swimwear and towel | <input type="checkbox"/> Polythene bags (for dirty clothes) |
| <input type="checkbox"/> Hankies | |
| <input type="checkbox"/> Personal washing requirements and towel | |

- It is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents.
- All items should be clearly labelled with the young person's name.

Having too much kit at camp, can be just as much a problem as not having something that you need.

Cubs should pack their own bag because they need to know what they have brought with them and where it is. Too much in the bag can make it difficult to find what you want and makes it difficult to stay tidy. You should practice re-packing items such as sleeping bags because if you can't do it at home you will have difficulty when it comes to packing everything away when it's time to break camp. Don't worry though, if it is a two person job there will be plenty of available help from your patrol members or leaders.

Complete Uniform

Cubs should always arrive and leave any campsite in full Uniform. You should always have a change of clothes easily accessible near the top of your rucksack.

Warm Sweaters

Even during the summer it can get cold on the water and it gets cold later in the day and after dark. You need at least two for a camp of more than a weekend in case you get one wet.

T-Shirts and Trousers

The number that you need will vary from camp to camp and personal preference. We have no problem with a t-shirt for each day but two or three pairs of activity trousers will normally be sufficient.

Underwear and Socks

One per day is always a good idea when you want to share your tent with other Cubs.

Nightwear

Warm pyjamas or similar are recommended. Many Cubs wear t-shirt and shorts but if you choose to do this you should keep a pair clean specifically for sleeping in. We do not want anyone sleeping in clothing that they have been wearing all day.

Hike Boots or Strong Shoes

The important thing here is that you have a change of footwear with you. Camping fields can be damp with the early morning dew even if it doesn't rain. Whilst training shoes are adequate for most camps and activities it can be a problem if your only pair get wet. Walking boots are ideal for those early mornings and wet camps and much more comfortable than wellington boots.

Waterproof

A lightweight waterproof coat is an essential bit of kit. We can survive most camps without waterproof trousers but if you have some, pack them. Quick drying activity trousers are a good idea.

Personal washing requirements and a towel

Packed in a wash bag you will need soap and a flannel, tooth brush, toothpaste etc. Don't forget the towel.

Scarf, hat and gloves

May not be essential in August but if you do feel the cold they can be useful to have once the sun goes down.

Sun hat, sun cream and sunglasses.

Cubs burn easily when outside all day even when the sun doesn't seem that bright.

Sleeping Bag.

An essential item for any night away.

Foam Roll Mat

The cold comes up through the ground. Having anything underneath your sleeping bag will be more effective than a blanket on top.

Plate, mug, bowl and cutlery – Tea Towel

These should be packed in a small draw sting bag if possible. This will enable you to keep them together, so you know where everything is. These items are generally stored in the mess tent rather than your sleeping tent. Keep a tea towel in this bag with your eating kit.

Torch and spare batteries

It can be a good idea to pack your torch without the batteries in. Some torches can turn themselves on inside the kit bag and drain all the power.

Personal First Aid Kit

A few plasters and perhaps some antiseptic wipes. The Scout Leaders will always have a suitably stocked Group first aid kit. If you are on any medication during your time at camp this needs to be registered with and stored by the leader in charge.

Day bag and drinks bottle.

A small bag suitable for carrying some kit around camp. For example, a change of clothes, or just a drink and a snack.

Polythene bags

It can be a good idea to pack clothing in your rucksack inside bags as this can help keep them dry if the rucksack leaks. Different colour bags can help you identify where particular items of kit are and keep the clean away from the dirty.